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Volume 50, Issue 25

LOS ANGELES VALLEY COLLEGE

PESSA

PESSA (Premedical Engineering and Science Scholars Association) will be holding a car wash and barbeque on April 18. The event will be in parking lot B from 9 a.m to 4 p.m.

This event is a fundraiser, cars will be washed for donations.

TALENT SHOW

Attention all faculty and students, there will be a talent show on April 27.

There are no auditions needed to participate. Those who are interested need to sign up in Campus Center 100 no later then noon on April 24.

The show will be from 12-2 p.m. in Monarch Hall.

"SLANG WITH A BANG"

There is now an audio-tape that teaches listeners to use slang and other American expression in a humorous manner. The cassette, created by Harriet Steinburg can be purchased in the Valley bookstore.

ART ALERT

Enteries are being sought for a fine-art competitions organized by the California State Fair to be held from Aug.21-Sept.7.

Up to 190 artworks from California artists 18 and older will be accepted. Cash awards will total up to \$14,560.

There are several divisions of artwork to compete in including two and three-dimensional art and photography.

For more information call (916) 263-3146 or send for a handbook and entry information at :California Works, California State Fair, P.O. Box 15649, Sacramento, CA 95852.

April 16, 1998

Hip, hop, hippity, hop. . .

Children enjoy Spring Celebration



Numerous children throughout the San Fernando Valley frolicked through the grass in Monarch Square in search of the hidden Easter eggs.

■ EASTER FESTIVITIES: One of ASU's largest productions proved to be successful as the easter bunny greeted children and faces were painted to cele-

brate the season of spring at Valley.

BY NANCY BARAHONA STAR REPORTER

Spring was celebrated at Valley College on April 9 at Monarch Square from noon to

"I thought it was highly successful. It was our first year and we were surprised by the turnout so we were happy to put this on," said Norma Hans-Hernandez, treasurer of the Associated Student Union, who organized the event.

The Spring Celebration included face and finger painting, musical chairs, cookie deco-

egg hunt, and a visit from the Easter bunny. it," said Hans. "With everyone working

"I was the Easter bunny because it's nice to together it was a success." do something for the children that doesn't cost money," said Stefano Bloch, commissioner of public relations from the Associated Student Union.

"I was surprised to see the turnout, it was a great idea from Norma (Hernandez-Hans). "I'll be coming back next semester from the University of California, Santa Cruz to be the Easter bunny again because I had so much fun."

The Spring Celebration was sponsored by a committee from ASU. Clubs that participated in the celebration include: Tau Alpha Epsilon, Valley Collegiate Players, Jewish Student League, and Phi Theta Kappa.

"I'd like to thank everyone for bringing their children and the committee from ASU

rating, a game of Let's Pretend, an Easter and the Broadcasting Club for publicizing



Carola Danielsson/Special to the Valley Star The Easter Bunny hugged children of all ages.

Health Fair Expo ready to educate

BY NANCY BARAHONA STAR REPORTER

The Health Fair Expo '98 is scheduled to be held at Valley College on April 22 from 10 a.m. to 6 p.m. at Monarch Hall.

"It is to educate the public and community about health prevention and awareness," said Clinical Coordinator at Valley College Jeanie Duran.

The opening ceremony will begin at 9:30 a.m. It will include several welcome speeches, such as from Tyree Wieder, president of Valley College, said Duran.

The Health Fair will hold screenings for hearing, height, weight, blood pressure, healthy lifestyle, vision, podiatry, HIV and pregnancy testing, depression and stroke screening, body fat analysis, immunizations and tuberculosis testing, massage therapy, chiropractic, dental, and health review and referral.

There will also be bone density testing for a fee of \$25. And a Chemistry panel for a fee of \$25 to \$65 which will include kidney and liver functions, cardiac profiles, and more.

For mammograms there is an age and income requirement to be eligible. To pre-register call the Health Clinic at (818) 780-0652.

Exhibits include visits from Northridge Hospital, Children's Hospital of Los Angeles, Tree People, Haven Hills, Universal Care, American Cancer Society, Grossman Burn Center, and Drive By Agony.

Volunteers are needed to help with registration, height and weight screenings, and body fat analysis.

If you are interested in volunteering contact Duran at the Health Clinic or attend the training session on April 9, between the hours of 1:30 to 4:30 p.m. in Campus Center

Every vote counts.



Laura Leimseider/Valley Star Valley students compare votes for next fall's ASU officers. Results will be posted in next week's issue.

Dean's reception honors hundreds

By ALEXIS SCALICE

STAR REPORTER Hundreds of students gathered with family members and

friends to celebrate the honor of making the Dean's List.

TAE (Tau Alpha Epsilon) hosted the event that was held in Monarch Hall at 2p.m. President of TAE Stefono

preparations and outcome of the event.

"The Dean's reception is a great event. TAE and everyone else did a super job as usual," said Bloch.

After a welcoming speech by ASU President Lorenzo Trujillo and President Tyree

Bloch was satisfied with the Wieder, Vice President of Academic Affairs President of the Academic Senate Leon Marzillier offered congratulations to the numerous students being hon-

Bloch introduced the guest SEE HONOR page 4

GMC offers internship

By ANITA TORRES STAR REPORTER

Students of the Valley College Management 13 class presented their plans for a promotional event in the Multi Media Room on Friday.

The students are organizing the event through the General Motors Marketing Internship program which is run through the Management 13 class. The program is new to Valley College this semester, but has been implemented in schools across the country since 1991. With the help of a \$2500 budget from the internship program.

The class has named their group 'Spread the Sound Marketing," the name the group has given themselves, has planned an event to promote the Pontiac Sunfire.

"We chose this car because it is in the price range that students can afford," said Fatin Sako, Management Coordinator of Spread the Sound

In planning for their campaign, the group took a survey of Valley College students. One of the questions asked

was if the student had ever heard of the Pontiac Sunfire. According to Rita Bush, who presented the group's research results, most students surveyed did not knowmuch about the car.

According to the group, their objectives are to increase consumer awareness of the Pontiac Sunfire and to satisfy their sponsor, Pontiac GMC.

The marketing group plans on attaining this goal through a promotional campaign that they will host on April

The campaign, which is themed "Fun in the Sun," will be for one day only, from 10 a.m. to 2 p.m. in the Campus

At the event, a Pontiac Sunfire convertible will be on display. Students will be invited to sit in the car and listen to a short recording about some of the cars features.

After doing this, students will be given a voucher to play a game. Participants can win prizes such as key chains and calling cards.

After the campaign is over, the marketing group will take a post survey to see if their goal was attained.



Gadzooks? If not, you soon will, let me tell

you why. Gadzooks (NASDQ: GDZK) is a

small cap stock that sells on the NASDAQ

ticker. It only distributes its clothing line

back east from New York down to Florida.

This is a stock that we investors like to call a

sleeper. The company has expanded over the

past couple of years as one of the leading

retailers in the industry. At \$27 per share, this

is a steal. It has yet to blossom into the poten-

tial mega retailer it can be. From shoes to

surge to \$42 per share in twelve months if it

opportunity, so don't waste any time!

Recommend: BUY

Cali32@showtime.com.

Magic's stock tips: Beating the Asian Market

By MAGIC TOPPIN STAR REPORTER

As many investors have recently noticed for the past couple of months or so, the Asian Dollar is in a whirlwind of trouble due to Asian Companies declaring bankruptcy over the past year. When the Dow plunged over 500 points on that dreadful summer day, investors could only watch in horror as their earnings sunk with it. The main culprit? Japan's market plunged over a thousand ion. points. How do we combat our investments without having to worry about the Pacific Rim? Is there any stock that we can invest in that will not be affected by the Asian market

One stock that has risen through the roller coaster is Air Touch Communications (NYSE: ATI). Air Touch Communications is a wireless cellular phone company that is based in Northern California. This is a good pick. Air Touch Communications has become one of the largest portable phone businesses off on the stock because the market is so in the country (second to only Motorola). Last July the stock was at \$26 dollars per share. At this moment the stock is selling at \$43 dollars per share. That is almost a 60 percent increase in only 8 months. Air Touch at \$42. Communications will now be venturing off to Recommend: HOLD the European markets, which will raise the stock even more. It is still a buy at \$43 per My last pick is also in the retail industry.

share and watch it level off at the \$50-\$55 Have you ever heard of the brand name range by the end of the summer. Recommend: BUY

My second pick is in the retail industry. This is one of the biggest industries in the United States. There is one logical explanation for this. We see tons of commercials from different clothing designers. We as Americans purchase more than 1 million dollars annually to get the look that gets the fash-

One company that you could make sure you jackets, Gadzooks is an excellent buy. It can make money off of is the GAP. (NYSE: GPS). In December of last year I was looking at the price and noticed that it was selling at \$36 per share. But as we all know, when spring comes around profits begin to surge. At this moment the stock is selling at \$42 per share. Why the sudden increase? With more and more adolescents buying clothes these days the retail industry always gets a push from kid power. However, I would recommend to hold volatile. It should have been bought at \$36, so that it can grow and reach \$47 per share. Donit worry however you can still take the ride even though it will be a short one and buy

The stock information listed in Magic's stock tips are researched by the writer, and it is his opinion to invest in these stocks.

Phi Rho Pi National Championship Winners and Results

Individual Events & Theatre Sweepstakes-4th Overall Speech & Debate National Ranking-5th Gold Medal Reader's Theatre- "Bound" Cast: Sean Henry- Kristen Calabrese- William Amaya-Johanna Denis- Bret Liberman Gold Medal Reader's Theatre- "Malleus Maleficarum' Cast: Tanya Gallardo- Maria Wegrzyn- Izumi Hamagaki-Mercedes Cerrillos. **Gold Medal Winners:** Bret Liberman- Persuasive Speaking Jason Baumwirt- Speech to Entertain William Amaya- Dramatic Johanna Denis- Dramatic

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writing skills to conduct surveys over the phone. Most surveys are done

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The job would include maintaining and building relationships with Star advertisers, assisting in billing and recordkeeping as well as learning advertising layout and design.

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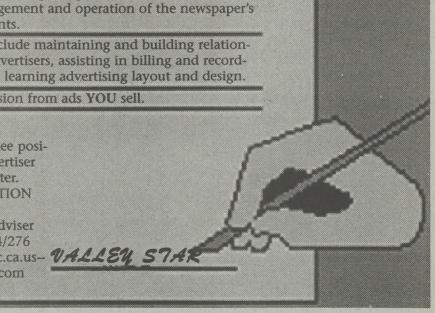
This is considered a trainee position to replace the advertiser manager next semester. FOR MORE INFORMATION CONTACT: Ed Bond, Valley Star Adviser

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What's so bad about the Cafeteria?

MAGIC TOPPIN STAR REPORTER

Recent weeks have seen verbal attacks on the Valley College's Cafeteria since it received a "B" from the County Health Department.

But is there really anything wrong with the school cafeteria? Everyday I hear students rant about the prices, cleanliness and service of the cafeteria. Is there any point to argue about the quality of a cafeteria that has been understaffed, and has been given the cold shoulder from the administration?

Sure, I agree cafeteria prices are not cheap. However, the price range for a burger and fries are definitely lower than what the average university in the California system charges.

When I went to UCLA and bought a burger and fries, the price came out to \$3.85. For the same fare, Valley's cafeteria prices are about a dollar less than what UCLA charges.

Also, it is known that school prices for food are lower than Mc Donalds, Burger King, and Jack-In-The Box When I went to Mc Donalds I spent \$ 3.56 cents for a burger, fries, and a drink The school cafeteria charges about \$2.70 for the same thing including a refill for 30 cents if you buy a special cup. Why complain when the cafeteria charges less than most of the fast food area in Van Nuvs?

When it comes to cleanliness, the school cafeteria is much cleaner compared to many of the restaurants in the city of Los Angeles. Hundreds of restaurants were closed in the Van Nuys area because of health violations. The cafeteria management is in the process of trying to rectify the violations that caused them to receive the grade of "B." However, without a serious budget to work with, we all must understand the conse-

Give the men and women who work in the cafeteria a break. They work very hard for very little pay. If someone has a problem with that, let them eat somewhere else.

What's the deal with...

George Michael getting arrested?



DEEANNE McCLAIN STAR REPORTER

A walk through the park will never be the same.

When George Michael was arrested last week for committing a lewd act in a Beverly Hills park restroom, the whole world became suddenly aware of a sexual trend that has been going on under our noses for quite some time. Because it was someone famous there was an immediate media frenzy.

Parents everywhere fell in line to criticize Michael for being a perverted deviant, terrified of what would have happened had their child been the one to discover him. One valley college student whispered to me in class, "If my kid would have walked in and found that pig, I would have shot him!" A little extreme?

I know that what Michael did was certainly not socially acceptable or appropriate. However, do we really need to arrest someone for doing their thing in a restroom?

I happen to be a mother of a nine-year-old boy and I admit that I certainly would not want my child being

Okay, okay, let's look at the whole kids at the park

exposed to that kind of behavior. Although my gut tells me that Michael and those like him are not into exposing themselves to young children.

I just don't see the purpose in arresting them, nor in spending tax dollars to pay for under cover police officers to organize sting operations. Why not just have a couple of beat officers in uniform to dissuade those interested from using that particular locale?

It would further seem that a simple verbal warning would be sufficient. If some form of punish-Radio talk show feminist, Tammy Bruce said on her show last Saturday that it would make more sense to just ask them to leave the park. "I donit get why we need to make such a big deal about it," Bruce said. "Just send them on their way." She makes a good point.

If some form of punishment is required, why not just a citation for indecent exposure? It further wastes tax dollars to go through the arrest and court procedures when the city could conceivably earn a few bucks just by writing the guy a ticket. Don't our police and courts have more pressing matters to attend to?

The media circus is yet another example of a waste of time and money. Not only did Michael have to endure the humiliation of being scrutinized by the public and hounded by the press, he also explained his behavior to

the public in an interview with CNN.

Is all this hoopla really necessary? Do we really care that much about other's somewhat bizarre sexual habits that we need to examine them on national television? Do we need to be that afraid?

In his interview, Michael publicly announced that he is gay. Duh! Like everyone didn't already know! Why the media is now heralding him as a wonderful guy who just

admitted to the inappropriateness of his crime I will never understand. He is not a spokesperson for all

One Valley College who wishes to be known as J.P. told me, "All gays do that weird stuff. I just wish they'd keep it to themselves."

This citizen obviously has no gay friends. All one has to do is look at the personal ads in the LA Weekly to see that there are just as many (if not more) heterosexuals who have weird sexual habits. That behavior certainly does not speak for us all.

Once again, this is a case of the media going berserk over some tabloid issue that really doesn't deserve or require all the attention it is getting. Why do we need to waste precious air time discussing someone's sexual

Just write the guy a ticket and call it a day.

Get it off your chest... Generation X gets a bum rap

By REBEKAH FOWLER STAR REPORTER

Generation X, children of the baby boomers has been stereotyped as reckless dreamers with no compassion, a generation that's a lost cause.

Teenagers have been tagged the troublesome generation for years, it is a label which changes with each generation. Teenagers in the 50's were the Bohemians, the 60's they were called the Flower children and the 70's the Hippies.

Today's bothersome youth which includes college students and young adults are considered the most useless bunch of brats to make it past puber-

Not everyone born in the 70's and 80's consider themselves a part of generation X because it is a negative label. Many skeptics chose to believe the stereotypes because they rarely hear anything positive about today's youth.

What is happening to teenagers and young adults to cause them to behave so recklessly? Perhaps they just don't give a darn. After all, don't they have their entire lives to live?

Mike Forbes is 20 and a self proclaimed member of generation X. He is a Valley student who is fed up with the bad reputation associated with the

"I would like to enlighten all those critics who put down teenagers and young adults," Forbes said. "I believe in my generation."

Forbes and several other people witnessed an older man fall while trying to cross the street. The man hit his head on the concrete it split his head open. He was knocked out for a few seconds,

The witnesses blocked the intersection while Forbes and another 20 year old male, cleaned the man's wounds, and retrieved his groceries which were thrown in the street.

"Everyone worked together to make sure that he was okay," Forbes said. "Usually people just drive by but four cars formed a blockade away from traffic which allowed us to help the elderly

I guess this blows a hole in the theory, no one gives a damn anymore. Humanitarians and good Samaritans still exist. Kudos to the decent people who stopped to help the wounded man.

If you would like to share a positive experience with the readers of the star get in touch with us via our e-mail address: ValleyStar@Yahoo.com. Drop a letter in one of the Valley Star mail boxes around campus or visit us in BJ 114.

HERE'S A TIP... Be true to your server!

Snapper,

ka, with

the fresh



ALEXIS SCALICE STAR REPORTER

butter, the steamed potatoes, Diet Coke easy on the ice."

ment is required, why

not just a citation for

indecent exposure?

party of nine Suzy Sunshine server is about to take. No matter how complicated each request may be, she must keep a bright smile on her face and ma'am."

Welcome to the life of thousands of waiters or waitresses. It is a job that is highly underrated. The general tipping polcent.

However, there are many individuals within our society who feel that tipping their server all. For those people, I offer this advice, become true to Burger King or food establishments pared to fork over extra money the time taking the order.

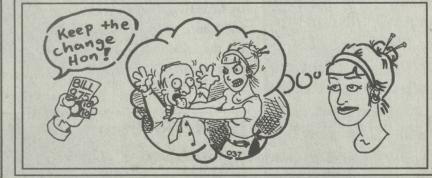
It is understandable to com-"Give pletely nullify every piece of me the this article if the service is unfa-Red vorable.

Who would tip a lousy server no papri- who brought out the wrong meal, slapped plates on the table and never checked back later. However, the fact still remains bles, but that there are hard working servers who are left with pennies seasoning or a shining table with only their and no reflection to stare back at them.

Part of this neglect to compensalad with only romaine lettuce sate servers can be attributed to and ranch on the side, and a the misconception that the price a customer is paying for their That was one order out of the meal includes the luxury of being served. WRONG! Servers are a separate entity of the food business. Of course restaurants attain their meals at a wholesale price as any economical compasay "of course," or "no problem, ny would do. However, those mark ups on the menus pay for other multiple expenses, such as decorations, menu print outs, overhead, wages, etc.

Without tips, servers are paid icy is supposed to be 15 per- minimum wage and no one can live on that, no matter how many pennies are saved. It is a server's tips that pay their bills, put food in their mouths and properly is unnecessary or do clothes on their backs. It is a job not believe in the concept at devoted to customer service and deserves to be respected and rewarded.

Anyone in an apron, with a that offer buffets. If one decides smile, who puts forth the effort to dine in a restaurant and be to provide one a pleasurable served, he/she should be pre- evening while dining out, deserves equal gratification. for the individual who spends Anything else would be unjusti-



Penny for your thoughts ...

STAR REPORTER

I've been coming to Valley for four years. Valley College has very good instructors, especially in the Art Department, they are absolutely fantastic. For me, it's worth it to come from Palmdale to Valley

I am majoring in Graphics and Photography. -Julius Ngeru

Respitory therapy is my major. I've been coming here for one year. I attended Pierce College for five years. I am studying respitory therapy because I am influenced by my mother. She is a nurse.

I wish that the learning center was open in the evening. The Learning Center is very helpful. But I think they should have some evening hours available to the students. Some students work during the day. I have worked at AT&T for over a year now. I took the day off to get some help from a counselor regarding my major

...Ed Bond, Bob Crosby

-Ravi Kumar

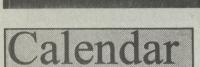
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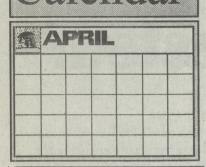
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Music

Today- Lee Zimmer will be playing classical guitar in the Music Recital Hall at 11:00 a.m.

April 19- The LAVC Philharmonic Choir, directed by George Attarian will be performing at Congregational Church of the Chimes at 7:00 p.m. Admission is \$5.00.

April 23- Elaine Lister on the harp and Sheila Zimmerman on the flute, will be performing in the Music Recital Hall at 11:00 a.m.

April 24- Nu Directions Entertainment will present "Strictly Reggae" at the Duet night club in Westwood. Doors open at 9 p.m. with a cover charge of \$8.



17-The April Astronomy Club will present "The Spring Sky" with David Falk at 8:00 p.m. in the planetarium.

April 20- Hillel at LAVC and the Jewish Studies Department will host their 1998 Yom HaShoah Seminar from 9 a.m. until noon in Monarch Hall.

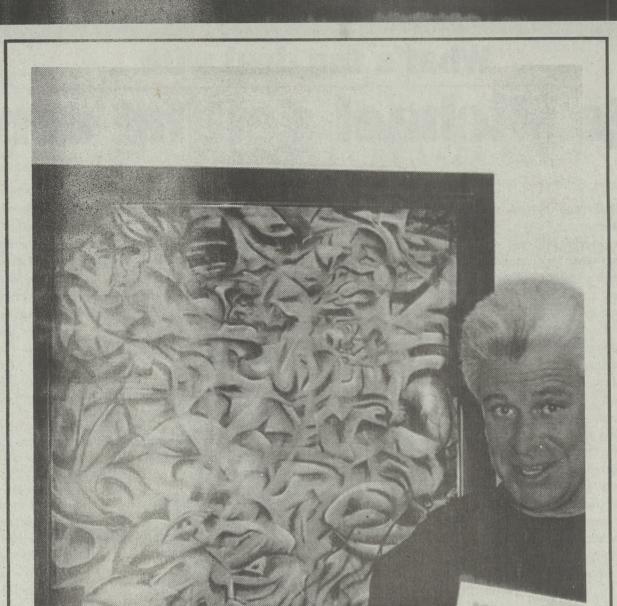


Theater

April 16-18, and 23-25-The Valley College Theater Department will present the musical Company, directed by Pete Parkin and choreographed by Rowena Roberts. Musical score is directed by Dan Scoville. The show features a cast of 14. The shows start at 8:00 p.m. in the Little Theatre.

Special Event

April 29- The Management 13 class is hosting an event to promote the Pontiac Sunfire. It will feature food and games.



· Glenn C. Morgan stands by his artwork at the opening reception of the LAVC annual student wards ceremony. The event was held last Monday from 7.-9 p.m. The exhibit will be on display from April 13-May 13. Gallery hours are Mon-Thurs. from 11 a.m.-1 p.m. and 7-9p.m.

Entertainment

Entertaining Company

■ Musical: An outlandishly silly production succeeds at surprising the audience.

By REBEKAH FOWLER STAR REPORTER

Many chuckles await audience members who attend Valley's Theatre Department's production of Company, a musical comedy so whimsical it can entertain the toughest critic.

Director Pete Parkins' production explores the comical aspect of an everyday scenario. A single guy looking for the right woman to settle down with. This theme, though simple, exposes a situation most college students can relate to, intrusive friends.

Robert (Alaa Khaled), the single guy and star of the show, must choose whether or not he is ready for marriage. His friends try to convince him through song and dance to make a decision, but they don't agree on whether or not he should marry.

All the disagreement unravels

HONOR from page one

hidden emotions between the a rolled cigarette which reeked married couples, and they sing of course, but it made the scene there true feelings to 'Bobby.'

Although Company focuses on their talent throughout the pro-

This musical contains fun songs, serious songs, and even silly songs. The dance sequences are short and cute, but I would have liked to have seen more dancing.

One scene that is certain to spark controversy, is perhaps the most entertaining scene in the musical. Robert and his friend, David (Johnny Naun) and his wife Jenny (Rowena Roberts) are smoking marijuana. Jenny had never smoked before so she doesn't realize it when she's

She begins to babble at first, then she gets an attack of the giggles and finally she gets the munchies. I applaud the actors in this scene. They actually fired up believable and hilarious.

The ensemble numbers were in Khaled's character, each actor is harmony which raised the hair given ample opportunity to strut on my arms. Those numbers were performed by the married couples, Peter (Brent Rosen), Susan (Leslie Channon), Paul (George Boca), Amy (Maggie Storm), Larry (Jerry Taft), Ann (Ann L. Gibbs), Harry (Aaron Bronsal), Sarah (Pnina Barak), and David and Jenny mentioned

The soliloquy, performed by Ann in the night club scene was awesome. She's a tipsy, frustrated, middle aged wife, singing about the perils of old love. In this scene, Parkin makes a cameo appearance. It was refreshing to see a musical production uninterrupted by scene changes. After all the refinements of subtleness added to the element of surprise throughout Company. I was surprised by the talent in the show.

Company receives a big star for an entertaining production.

Bloch introduced the guest speaker of College Enterprises Michael Broggie. Broggie's speech lasted more than an hour, offering a lot of infor-

Broggie is a Walt Disney historian and author of Walt Disney's Railroad Story, in which the foreword is written by Mrs. Disney. Broggie said that there are over 950 books in print concerning Walt Disney and the film industry. His book is his personal perspective of his experience with Walt Disney himself. Broggie's father worked closely with Disney and helped develop some of Disney's most popular attractions. Broggie was

the official child chosen to test the Autotopia Cars at Disneyland.

Broggie also shared that his GPA in high school was not exceptional. After graduation he attended Valley where he attributes his acceptance to California State university at Northridge.

Entertainment was also presented where a group of Valley student dancers performed a modern jazz dance. The group was formed by Wilma T. Monroe, commissioner of ethnic affairs.

The desert bar, which was catered by Eclectic CafE, was sponsored by the Student Services Office

Audience learns about Vietnam through movies

By MAGIC TOPPIN STAR REPORTER

faculty gathered in Monarch Hall on April 13 for a free Vietnam seminar organized by exposed to war of that nature. National Veteran Foundation.

at the Movies" examined what is people learned about the today called the "Vietnam Vietnam War. The bad part is Experience" through the use of that they learned the stereotypesselect films and discussion.

The seminar focused on movies about the Vietnam War

chological, "People know about Vietnam t h e emotional, because of the movies." "Covered and physical effects

Lawrence Tritle, guest speaker from Loyola Marymount firepower, and are killed. University.

of the war.

Tritle used films such as "Born on the Fourth of July", Now", and "Full Metal Jacket" Monarch Hall.

to try and identify the journey that they call Vietnam.

Tritle said that the reason he Valley college students and used these movies is to show the nature of combat, and show the implications and trauma of being

"There is a good side to this and a bad side to this," said The seminar, entitled "Vietnam Tritle." "The good part is that

sex, rape, drugs." One movie that was analyzed for its content was Platoon. It showed a strategy that America

-Dr. Lawrence Tritle Goat". This tactic starts

out with a few men in an enemy "People know about Vietnam, area. When the adversary because of the movies," said Dr. begins to attack, they are immediately bomarded with superior

The seminar will continue on April 15 with the second installment titled, "The Legacy of the "Hamburger Hill", "Apocolypse Journey Home" at 6 p.m. in

Welfare reforms affect Valley student

By ANITA TORRES STAR REPORTERS HEIDAME

swings, she sees her mother County, one of the changes waswalking towards the gate of the playground.

She jumps up and calls out, "Hi Mommy! Come here, I wanna show you something."

Her mother Marie smiles, but doesn't go into the playground. She leans against the gate weakly and tries to convince her daughter to come to her so they

Marie is a welfare mother. She is one of many who are affected by the federal welfare reform

that started in 1997. "Ever since the reform started, I've beeen worrying about money even more then I usually do," said Marie, who wouldn't give her last name. "I'm just glad that I went to school on my own before I was forced to by the new programs. I got to do it my own way."

Most welfare reform changes

became effective on Jan. 1 According to The People's 25th Guide to Welfare, Health & As the little girl plays on the other Services In Los Angeles replacing the Aid to Families with Dependent Children (AFDC), and Greater Avenues for Independence (GAIN) programs with California Work Opportunity and Responsibility to Kids (CalWORKS).

The new program provides money for children and their caretakers, but most caretakers are required to enroll in work and training programs.

Another major component of the welfare reform is time limits. Beginning Jan. 1, most adults can only receive 60 months of cash aid from CalWORKS during their lifetime, not counting AFDC received before Jan. 1, according to the People's Guide.

"I think the reform is good because it helps encourage or force people like me to get off our butts and do something for ourselves," said Marie.

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Could Pets Be Next Prescription for Healt

By LINDA E. THOMAS STAR REPORTER

illions of American students come home each day happily greeted by friendly wags, purrs or chirps. Whether for companionship, protection or a little TLC, there's no question that pets play a big role in many of our lives.

More than 60 percent of all households in America have some kind of companion pet. Americans spend nearly \$12 billion on their pets annually, just in veterinary care alone, according to last year's statistics. In a recent national survey, pet owners confessed that they really do treat their pets like VIPs: buy them gifts; include them in holidays; and even sing to them.

But, not only do Americans love their pets, recent studies reveal that pets could offer significant health benefits in return, to both psychological and physical well-

Psychological Health Benefits

According to an American Hospital Association study, pets can have a significant influence on human psychology. The study shows that people around pets smile and talk more, and that being with pets could combat depression.

Looking for a Pet? Here's about How Much one may set you back:

\$0 Adopted Unregistered

\$400-700 Registered \$300-450 Annual Food \$100 Normal Annual Vet 1/2-1 Hr. Per Day in Time

CATS \$25 Unregistered \$100-400 Registered \$80-120 Annual Food \$50-100 Normal Annual Vet 15 Min. Per Day in Time

FISH \$.10 - \$100 \$20 Annual Food \$0 Normal Annual Vet 5-10 Min. Per Day in Time

Information provided by pet expert Mark Rose, owner of Newhall Pets.

Dr. Stephen Saltzma Valley College psychi

was willing to speculate on why pets could offer people psychological benefits.

"Human beings have a special need to give," Saltzman said. "It's easier to give to pets. Pets unconditionally accept, with no interpretations." Unlike human beings, who may feel burdened when given a gift, pets never question why they are being given to, he said.

express affection to a pet rather than to another person, Saltzman said.

"Interestingly, many people can say loving words to pets, but not to people," Saltzman said. "Maybe because the words come with no judgment, no baggage," When people say, "I love you," to other people, they often have to define their terms and explain what they mean, he said. But, a person never has to do that with a

Secondly, pets unconditionally give in return, and receiving a pet's love and attention is very powerful for a human being, Saltzman said. Third, people have a deep desire to control,

Dorothy's sidekick. Born in Kansas, but hally went places.

Lassie: Probably the most famous pet of all time, but like they

Trigger: Roy Roger's hero. Still "lives" stoday in all his horsey.

Socks: aka The First Cat. Home: The White House. Next secret

Leonardo Dicaprio's lizard "Bliz": A really great swimmer.

say, he can never go home again.

glory, stuffed in the Roger's Museum Rin Tin Tin: Entertained millions during their din din (din).

witness in the Monica Lewinsky case.

Leonardo Dicaprio's anything: A really great

national commercial scandal.

In ancient times, cats were worshipped as gods. They have never forgotten this.

No matter how much cats fight, there always seems to be plenty of kittens.

Dinky: "Yo Quiero Taco Bell" celebrity Chihuahua. Center of

and a pet allows them to gain some control outside of themselves she said

Yesterday

Today

Toto:

"And, it's easier to control an animal than Also, some people find it easier to people, or the weather or traffic," Saltzman

Pets also serve as valuable companions to many, which could avert loneliness.

"Most human beings have an uncomfortable feeling with loneliness," Saltzman said. "And, therefore, a pet can provide companionship of some kind to fill that

Physical Health Benefits

In addition to making us feel good, a number of studies indicate that pets could affect physical health as well.

"Some research shows that simply watching a gold fish swimming in a bowl lowers blood pressure," Saltzman said.

Along with America's love affair with pets, may come healthier hearts. According to a National Institutes of Health report, the presence of pets may promote a measure of protection from heart disease.

One major study shows that the presence of a dog lowered blood pressure in college students. Other studies indicate that social interaction with pets lowers heart rates. Still another study reveals that survival rates of post-heart attack patients were much higher among pet owners than nonowners.

"Data linking pet ownership to cardiovascular health is encouraging," Dr. Clayton MacKay, of the AHA, said in the report.

Additional findings in the report propose that pet ownership may reduce the demand for care in nonserious medical problems in

"Not only do pets lower our blood pressures, they also keep us goal oriented," said Judy Holton, Valley College nursing profes-

NIH studies show behavioral benefits to the young and old: Pet ownership positively affects child development, and burgeoning pet therapy programs have shown superior benefits to the elderly, including improved purpose, activity and greater physical well-being.

"Those who own pets would surely be delighted to learn that they reap unexpected health and financial benefits (from lower health care costs) in addition to enjoying the companionship of the family cat or dog," MacKay said.

In the News

Spay or pay in L.A. proposed

In order to crack down on irresponsible dog breeding in Los Angeles and control overpopulation, a proposal to raise dog licensing fees from \$30 to \$500 for unneutered dogs has been made, local authorities report.

Clinton names new buddy

President Clinton has finally named his new puppy "Buddy." The First Puppy, a chocolate-colored Labrador, is named after Clinton's deceased uncle who was a dog trainer for many years.

Parrots are no birdbrains

Recent studies reveal that parrots, like chimps and dolphins, are capable of mastering complex intellectual concepts that human children cannot manage until about age 5. Parrots have been found to name 50 objects, know colors and numbers, and understand same/different concepts. Parrots score as high or higher than dolphins and great apes in intelligence tests. Group no quiero Taco Bell dog

A Latino civil rights group has protested against the new Taco Bell television commercials featuring a Spanish speaking Chihuahua. The group claims the ads are demeaning to Mexican-Americans. Taco Bell claims the commercials portray Mexican heritage as cool and hip.

Britain bans cosmetic testing

Britain cosmetic companies have voluntarily stopped testing cosmetics on animals at the request of the British government for a ban. Officials also announced plans to tighten laws on scientific research using animals and to ban experimentation on chimps.

Dogs are a woman's best friend

Though dogs may be tagged a "man's best friend," the odds are that a pet's best friend is a woman. According to a recent study, women are the primary animal caretakers in 72.2 percent of pet-owning households. The ratio of female to male caretakers rises to 3-to-1 in the 19-49 age group. The pattern is evident among owners of all species of pets.

Microchipping makes happy reunions Only 16 percent of dogs and two percent of cats among the millions of lost pets that wind up in shelters are ever reclaimed by their owners. Microchipping is becoming a popular way to make a difference between a sad end and a happy reunion. A tiny computer-programmed information chip, small enough to fit inside a hypodermic needle, can be injected under the skin of dogs, cats, birds and other animals. The procedure is no more painful than a vaccination. Universal scanners are used with a 98 percent success rate. The procedure with chip costs about \$25-\$55 and registration in a nationwide data base costs about \$9-\$25 for a one-time fee.

Help Your Pet Beat the Heat

With summer kicking off in a few weeks, it's time to consider our pets.

Pets require extra protection from the summer's scorching temperatures. The American Veterinary Medicine Association offers a few suggestions:

Never leave your dog or other pet inside a parked car: When it's only 85 degrees outside, even parked in the shade with the windows down, a car will reach 102 degrees in ten minutes inside and 120 degrees in 30 minutes.

Never walk a dog during mid-day: When leaving for work, set the thermostat for 80 degrees or below. Never leave a pet in a garage without air conditioning.

Never shave a pet's fur for the summer: Do not have a pet's fur shaved off of the summer. The pet's fur acts as insulation not only from the cold, but also from the heat.

Never leave a pet without ample water: Fill a child's plastic pool with fresh water for a yard pet. Beware of "lickit" spouts which can get too hot to lick for water. Try

dumping several trays of ice cubes in a bowl or bucket for cool water as

Never put a metal chain on a dog in summer: A metal choke chain or collar with metal on it turns into a branding iron in the summer, which can cause a dog, or cat, to suffer serious burns.

"Yo Quiero More Info!"



Want to know more about pets? Check out these web sites:

American Animal Hospital Assoc. **American Human Society American Pet Association** American Veterinary Medical Assoc. www.avma.org Human Society of U.S. **Pets Welcome Lodging** U.S.A. Today Pet Site

www.healthypet.com www.americanhumane.com www.apapets.com www.hsus.org www.petswelcome.com www.cyberpet.com

Page content and design by Linda E. Thomas



Money will buy you a pretty good dog, but won't buy the wag of his tail. -- Henry Wheeler Shaw I loathe people who keep dogs. They are cowards who have not got the guts to bite people themselves.

-- August Strinberg My dog is worried about the economy because Alpo is up to \$.99 a can. That's almost \$7 in dog money. -- Joe Weinstein

If I have any beliefs about immortality, it is that certain dogs I have known will go to heaven, and very, very few persons. -- James Thurber

They won't allow dogs on campus, because they can't charge them for books. -- Anonymous Valley College Student

Both my husband and my dog have kept my bed warm at night, but my husband doesn't wag his tail. My dog, however, never brought me coffee.

-- Pat Allen, Sociology Professor Valley College Do not tell fish stories where the people know you; but particularly, don't tell them where they know the fish.

When the mouse laughs at the cat, there is a hole nearby.

-- Mark Twain -- Nigerian Proverb

-- Unknown

-- Abraham Lincoln



Hollywood's Corner:

Baseball owners face trouble

By JULIO CORTEZ STAR REPORTER

The California Angels were taking batting practice in preparation to their game in New York, against the Yankees on Monday. Loud bangs were heard through the stadium, not from the crack of the bats hitting the ball, nor from the rough New York City streets, but from the stadium falling apart.

A 500-pound steel joint from the stadium's left field upper deck section came down crushing seat 7, row B in section 22 between third base and left field at about 2 p.m., just hours before the game.

The owners of major league ball clubs are in danger of facing a big law suit if something like this ever happens during a

The incident forced the game to be suspended for repairs to

How safe are we when we go to major league stadiums?

Last year there were games suspended when the ceiling of the Kingdome, home of the Seatle Mariners, was also coming down on the stands.

Yankee owner George Steinbrenner has complained that the stadium doesn't, have enough parking and amenities. He has been trying to get a new stadium but hasn't been suc-

As I said last week, there are a lot of teams who are either remodeling their stadiums or getting new playgrounds.

Why is Steinbrenner taking so long in getting a new stadi-

One reason is because of its historical worth. Maybe he doesn't want the place where Hall of Famers like Babe Ruth, Lou Gehrig, Joe DiMaggio, Mickey Mantle and Reggie Jackson have played, giving the ball club 23 World Series championships, to be torn

It would be great if Steinbrenner keeps the stadium. He just has to make sure that the stadium is not a threat to the fans.

The fans do not want our nation's favorite pastime to be our nation's dangerous pastime. That's why there is football and hockey.



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Monarchs lose against rivals



John Tarr/ Valley Star

With a record of 15-8, the softball team is not worried about their 7-2 lost against Pierce College. They are, however, disappointed about losing a home game against their cross-town rivals. The team is down to five games in the season with a chance to make the playoffs. (Above right) Valley College pitcher and catcher take a strategy time-out to stop Pierce's momentum.

"Karla Martinez, Angie Arroyo, Norma Dorado, and Maria Luna are our big hitters, they're at the beginning of the lineup. Today was just one of those games where we weren't on it."

> Mario Rico, softball team's speed, strength, and first base coach



John Tarr/ Valley Star

■ Softball- Visiting Pierce College's pitchers keep cross-town rival's, Valley College, top batters from victory.

By ANITA TORRES STAR REPORTER

The Valley College softball team suffered a 7-2 loss in a home game against cross-town rivals Pierce College on Tuesday.

Pierce scored in the first inning, but were soon sent outfield by the Monarch defense.

Valley College fell behind when they went through their first at bat even quicker when Pierce College pitcher struck out their number two, three, and four batters in a row.

"Karla Martinez, Angie Arroyo, Norma Dorado, and Maria Luna are our big hitters, they're at the beginning of the lineup," said Mario Rico, speed, strength, and first base coach for the team. "Today was just one of those games where we weren't on it."

Neither team scored in the second inning, but once again, Valley College's at bat was shut down by Pierce with three quick consecutive outs.

In the third and fourth innings, Pierce scored five more runs without Valley College getting any

Valley College's response came until the fifth inning when they scored their only two runs of the

Valley College's Shante Brown crossed home plate while the Pierce catcher scrambled to get a high and wild pitch. Martinez scored Valley College's second run.

Pierce scored one more run in the sixth inning, bringing the score to 7-2 in their favor.

After this loss, the Monarchs record is 15-8 overall and 7-3 in conference. -

The Monarchs have five more games to play before their season is over, and in order to win the conference, they have to win the five games they

Right now they are in very close competition with Bakersfield and College of the Canyons, which is in second place.

Monarchs go 2-1 in tourney

■ Baseball- Valley College splits two with Rio Hondo and beats Chaffey in a three-game Rio Hondo Tournament.

BY MICHAEL ROCHE STAR REPORTER

The visiting Valley College Monarchs took two games out of three in the Rio Hondo Tournament, splitting a double header with Rio Hondo before beating Chaffey April 8 and 9.

The Monarch's baseball team beat Rio Hondo in the first game 2-1 and lost the second 11-8 before beating Chaffey College 4-3 in the last game of the tournament.

In the first game, both clubs were struggling offensively before Rio Hondo struck with their first and only run in the sixth inning.

"We performed very well ,we won two out of three and I'm happy with that result," said Valley College Head Coach Chris Johnson. "It means something for our confidence and the ability to stay sharp during the week."

Coach Johnson substituted in pinch hitter Steve Guererro for Armando Garcia in the seventh inning.

Score Card

Valley 4, Chaffey 3 Saldivar, Unavailable (5), Borres (7) and Harmon. Lopez, Flores (5), Leonard (7), Laufer (7), Banuelos (9) and Roth, Garcia (9). W-Flores. L-Saldivar. S-Banuelos. 3B-V:Guererro. 2B-V: Guererro,

Rio Hondo 11, Valley 8 .0 5 0 0 0 0 0 1 2-- 8 9 3 .3 0 0 4 0 0 1 3 x-- 11 10 4

Palomares, Rossefeld. C:Parez.

Plourde, Montano (4), Hickman (4), Gonzalez (7) and Garcia. Hayes, Leavenworth (2), Cervantes (9) and Argott. W-Leavenworth, L-Plourde, S-Cervantes, 3B-RH:Martin (2), 2B-V:Garcia. RH: Trujillo.

Valley 2, Rio Hondo 1 ...0 0 0 0 0 0 0 2 0-- 2 3 ...0 0 0 0 0 1 0 0 0--Barnett, Torres (5), Banuelos (7) and Garcia. Frend and Argott. W-Torres. L-Frend. S-Banuelos. 2B-RH:Argott.

The move paid off when Guererro singled in the game winning run, leading the Monarch's to a 2-1 victory.

"It came down to the last at-bats and we came out winning," said Guererro. "I came in to pinch hit and got a base hit to score the winning run."

The second game against Rio Hondo was a shootout between both clubs with the Roadrunners coming out on top.

Rio Hondo scored in the first, fourth, seventh, and eighth innings totaling 11 runs, enough to beat Valley College.

Valley College scoring runs in the second, and eighth innings added two more in the ninth but fell three runs short of tying Rio

"We didn't play very well that day," said Frank Diaz. "We should have played better."

Valley College bounced back from the loss with a win over Chaffey College.

The Monarch's were down early in the first inning when German home the first run.

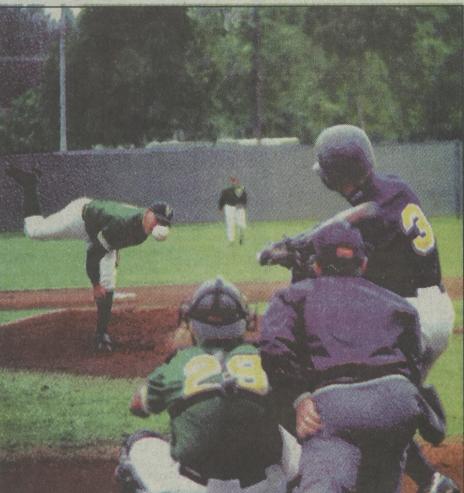
Chaffey scored again in the third taking a 2-0g lead.

of their own off of two hits and an error, then took the lead in the fifth scoring two more runs.

the fifth scoring a run of their own.

Guererro's lead off triple in the seventh, followed by Dylan Forman's RBI base hit gave Valley College the lead for good in beating the Panthers 4-3.

"Our team did well said," said Guererro. "The best ference games remaining.



Paez of Chaffey College doubled The Monarchs won two of three games in the Rio Hondo Tournament, giving them conference confidence which they will be using during the last 13 games of the season.

part about it is winning."

Montenegro, who was activated from the disabled list Valley College closed the gap in the third adding a run for the series, played a solid tournament going two for five with two runs batted in.

"For me personally to get back into it and see some The Panthers tied the game at three in the bottom of live pitching was a good confidence builder," Montenegro said.

> Valley College is currently last in their conference with a record of four wins and nine losses, but have a legitimate chance in making the playoffs with 13 con-